



Massage & Bodywork Intake Form
CONFIDENTIAL HEALTH HISTORY

Welcome to the place to relax! We are grateful for the opportunity to work with you.
 Please let us know if you have any questions or concerns regarding your visit.

PLEASE PRINT CLEARLY **TODAY'S DATE:** _____

 LAST NAME FIRST NAME MIDDLE INITIAL GENDER (PRONOUNS OPTIONAL)

 MAILING ADDRESS CITY STATE ZIP

 EMAIL ADDRESS (Required for contact-less checkout, appointment notifications, updates, specials, etc.)

 HOME PHONE MOBILE PHONE WORK PHONE

 DATE OF BIRTH AGE Parent / Guardian Signature + Printed Name & Relationship (REQUIRED IF UNDER 18)

 OCCUPATION EMPLOYER

 EMERGENCY CONTACT (Name & Relationship) PHONE

HOW DID YOU HEAR ABOUT US? Existing Client Gift Certificate Medical Referral Social Media
 Other: _____

IS THIS YOUR FIRST MASSAGE? Yes No HOW LONG SINCE YOUR LAST MASSAGE? _____

WHAT ARE YOUR GOALS OR EXPECTATIONS FOR TODAY'S SESSION? _____

PLEASE NOTE:

- Your late arrival may result in reduced treatment time – with no reduction in price.
- This is a QUIET ZONE. Please speak softly and move gently while you are here.
- Please turn off or mute all electronic devices while in the building.
- Taking photos or videos of other people without their permission is prohibited.
- Please refer to our "Zero Tolerance Policy" (on display at our front desk) for information about behavior issues.
- Our massage tables have a working load capacity of 500 lbs. Please let us know if this will be an issue.

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Do you have a HISTORY of any of the following?

- | | | | |
|--|--|---|---|
| <input type="checkbox"/> Abdominal Pain | <input type="checkbox"/> COVID-19 | <input type="checkbox"/> Joint Ache | <input type="checkbox"/> Scoliosis |
| <input type="checkbox"/> Accident | <input type="checkbox"/> Decreased Range of Motion | <input type="checkbox"/> Implants | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Depression | <input type="checkbox"/> Kidney Disease | <input type="checkbox"/> Shingles |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Lupus | <input type="checkbox"/> Shoulder Pain |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Eczema | <input type="checkbox"/> Lyme Disease | <input type="checkbox"/> Spinal Stenosis |
| <input type="checkbox"/> Athletes Foot | <input type="checkbox"/> Edema / Swelling | <input type="checkbox"/> Mastectomy | <input type="checkbox"/> Sprains |
| <input type="checkbox"/> Back Pain | <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> MONKEY POX | <input type="checkbox"/> STAPH INFECTION |
| <input type="checkbox"/> BLOOD CLOTS | <input type="checkbox"/> Gender Reassignment | <input type="checkbox"/> MRSA | <input type="checkbox"/> STROKE |
| <input type="checkbox"/> Breast Augmentation | <input type="checkbox"/> Gout | <input type="checkbox"/> Neck Pain | <input type="checkbox"/> Surgery |
| <input type="checkbox"/> Breast Cancer | <input type="checkbox"/> Headaches | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Thoracic Outlet Syndrome |
| <input type="checkbox"/> Broken Bones | <input type="checkbox"/> Heart Attack | <input type="checkbox"/> Palsy | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Bursitis | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> PHLEBITIS | <input type="checkbox"/> Varicose Veins |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Psoriasis | <input type="checkbox"/> Vertigo |
| <input type="checkbox"/> Carpal Tunnel | <input type="checkbox"/> HIV / AIDS | <input type="checkbox"/> Prosthesis | <input type="checkbox"/> Whiplash |
| <input type="checkbox"/> Colitis | <input type="checkbox"/> IBS | <input type="checkbox"/> Sciatica | <input type="checkbox"/> DETAILS / OTHER: _____ |

Do you have any ALLERGIES:

- None Known Yes: _____

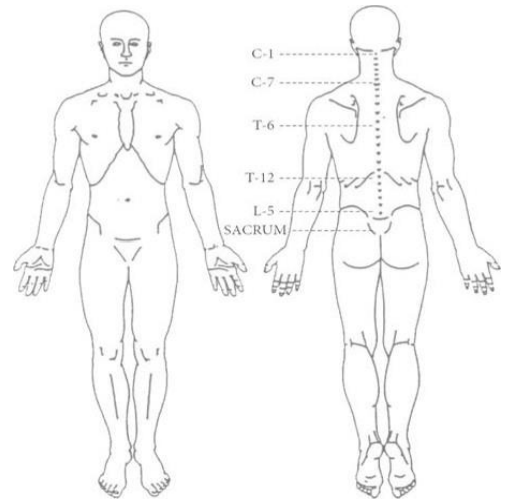
Please indicate with an "X" any areas where you are currently feeling pain or discomfort:

Are you currently taking prescription medication or supplements:

- No Yes: _____

Are you pregnant?

- No Yes – Due Date: _____



Do any of the following apply to you TODAY?

Also, please let us know at any future appointments if any of the following apply.

- | | |
|---|--|
| <input type="checkbox"/> Cold /Flu | <input type="checkbox"/> Recent Immunization (24 hrs.) |
| <input type="checkbox"/> Fever | <input type="checkbox"/> Severe Pain |
| <input type="checkbox"/> Incontinent Bladder or Bowel | <input type="checkbox"/> Sunburn |
| <input type="checkbox"/> Inflammation | <input type="checkbox"/> TAKING PAIN MEDICATION |
| <input type="checkbox"/> Irritated Skin / Rash | <input type="checkbox"/> Wearing Contact Lenses |
| <input type="checkbox"/> Medicated Skin Patch | <input type="checkbox"/> Wearing Hearing Aids |
| <input type="checkbox"/> OTHER: _____ | |

APPOINTMENT CANCELLATION POLICY:

- We require **24-HOURS NOTICE to cancel or reschedule** an appointment. Failure to honor this policy will result in a **LATE CANCELLATION FEE of 50%** of the value of your service -- as well as require a 50% deposit for future appointments.
- Neglecting to call us to cancel an appointment will result in a **NO SHOW FEE of 100%** of the value of your service, payable before any future appointment can be booked – as well as requiring 50% deposit for all future appointments.
- A CREDIT CARD on file is required to HOLD all appointments. A 50% DEPOSIT is required for all appointments booked online. A 50% DEPOSIT may also be required for groups, couples, and other select appointments.

ACKNOWLEDGEMENT:

I confirm that the information provided herein is true and accurate to the best of my knowledge. I understand that massage therapy is not a substitute for medical care and that no diagnosis will be made. I give consent for the use of my confidential health Information for the specific purpose of providing treatment to me and for general administration operations of Bodyworks Massage Center Inc. (BMC). I have read, understand, and agree to abide by the terms of BMC's "Appointment Cancellation Policy" as shown above and understand that payment is due when services are rendered, and in compliance with said policy.

✓ _____
Signature

Date